## Mother Theresa said:

Prayer is not asking. Prayer is putting oneself in the Hands of God, at his disposition, and listening to his voice in the depths of our hearts.

Let us therefore put our own wants and doubts and fears aside, and pray.

Father, the world is often a sad and confusing place. There are wars, and hunger, and now a new plague that is spreading fear and alarm through all the countries of the Earth. We cannot begin to fathom how we should respond to such challenges. We can only do the little bit that we can do. But we believe that it is the accumulation of the little bits that we can all do together that will make the difference. Show us how we can help, dear Father.

Speak to us, O Lord, and give us grace to listen.

## A moment of silence

Father, we all know people who are struggling, even in this lovely, lucky corner of the world. There are people who are in mourning; people who are sick.; people who do not have enough to eat.; people who are scared; people who are lonely. We often feel at a loss to know how to help. Sometimes we are even too shy or too embarrassed to try. But Father, *You* know what we should do. **Speak to us, O Lord, and give us grace to listen.** 

## A moment of silence

Father, we are in Your hands. We do not understand Your plan for us. Bound up in ourselves, we do not see the big picture. But Lord, we know that we do not need to either understand or see. We need only to listen to your Word and follow wherever it leads us.

Speak to us, O Lord. Give us grace to listen and follow, till like Peter, James and John, we are witnesses at last to your all-conquering, all-consuming Majesty and Light.

Merciful Father, accept these prayers for the sake of your Son, our Saviour, Jesus. Amen