

# Careless in the care of God.

*Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?*

*Matthew 6.26 (NIV).*

These verses come in the middle of the sermon on the mount which stretch across three chapters in Matthews' gospel. Jesus is giving very practical instructions about living a life of faith, some of which seem to present enormous challenges to us. Yet all these challenges are undergirded by a knowledge that we have a loving heavenly Father who wants the best for His children.

Being told not to worry is a tall order especially when we see the effects of covid 19... and now perhaps the worry has morphed into "how do we go back to a "safe" lifestyle post-lock down?

The Message translation is very helpful here;

"Look at the birds, free and unfettered, not tied down to a job description, careless in the care of God. And you count far more than to Him than birds"

I love the idea of living "careless in the care of God"... but what a challenge!

Maybe as we enjoy the birdsong in these quieter days, we can imagine and maybe move towards living "carelessly in the care of God"

*Father, as we face many challenges may we remember that you are indeed our loving heavenly Father---may we begin to live carelessly in your care. Amen*